




October

BCLC 2018 Lunch Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Bean & Cheese Burrito Corn Oranges	2 Ravioli Green beans Fruit cocktail	3 Turkey & cheese rollup Veggie chips Apple sauce	4 Soft Taco Spanish Rice Pineapple	5 Fettuccini Alfredo Garlic bread peas Peaches	6
7	8 Corn Dogs Pork n beans Oranges	9 Breakfast for Lunch" Eggs, sausage, biscuits, Fruit Cocktail	10 Barbecue weenies Mac & cheese Apple sauce	11 Cheese Nachos Refried beans corn Pineapple	12 Ham Sandwich Tator Tots Pears	13
14	15 Chicken & Stuffing Peas Apple sauce	16 Spaghetti Garlic Bread Broccoli Pears	17 Grilled cheese Veggie Chips peaches 	18 Chicken nuggets Mashed potatoes Broccoli Fruit cocktail	19 Lasagna Green beans Garlic bread Pineapple	20
21	22 Steak Fingers Mac & cheese Mixed veggies Apple sauce	23 Cheeseburger French fries Pineapples 	24 Hot dog Pork n beans Peaches 	25 Fish Sticks Green beans Pears	26 Chicken Sandwich French fries Oranges	27
28	29 Frito pie Corn Fruit cocktail	30 PIZZA DAY! Carrots w/ ranch Pineapples 	31 Ham and cheese roll up Veggie Chips Pears	<i>Water is available to the children at every meal & snack</i>		

October Breakfast Menu

Mon.	Tues.	Wed.	Thurs.	Fri.
Cinnamon Rolls fruit & Milk	Pancakes fruit & Milk	Eggs & Toast fruit, Milk	Cereal fruit Milk	Biscuits & Sausage fruit, Milk

Breakfast ends at 8am, please make sure if you bring your child after 8am that they have already eaten breakfast BEFORE you drop them off.

If you have a school age child please have them here NO later than 7:15 to eat breakfast. We MUST leave by 7:30 to drop off at Brock ISD.

October Snack Menu

	Mon.	Tues.	Wed.	Thurs.	Fri.
AM	Vanillia wafers	String Cheese	Trail Mix	Granola Bar	Yogurt
PM	Cereal Bar	Pretzels	Animal crackers	Saltine crackers w/ cheese cubes	Cheese its